

WINTER SURVIVAL SKIN TIPS!!

Winter is damaging on our skin — harsh winds, indoor heating, cold rain — and there's nothing worse than being constantly dry, flaky and uncomfortable. So here are our top tips to getting your best, most hydrated, complexion ever:

1. **AVOID HOT SHOWERS & BATHS** –Although they always feel good in the winter, choose lukewarm water to avoid stripping as many oils away from the skin.
2. **MOISTURISE AFTERWARDS** -Your skin not only needs more moisture, but moisture straight after you wash. Applying moisture to damp skin helps seal that dampness into the skin.
3. **CHOOSE MOISTURISER CAREFULLY** -Some cheap moisturizers have petroleum-based ingredients that can actually further dry your skin in the winter months. Be sure to choose a quality cosmeceutical moisturiser that has natural, nourishing ingredients to help your skin retain moisture, especially at night when your skin is rejuvenating.
4. **USE HAND CREAM** – Your hands tend to dry out in winter and become sore. Make sure you apply a good hand cream during the day and at night to keep your hands soft and healthy.
5. **WEAR SUNSCREEN** - Don't forget to keep wearing your sunscreen. Winter sun can be just as damaging as summer sun, so apply a quality sunscreen to any exposed areas to prevent skin aging and wrinkles.
6. **DRINK WATER** – Keep your body and skin healthy from the inside by drinking lots of water.
7. **EXFOLIATE & MASK** - Cell turnover is slower in winter, which means dead skin can build up on your face and body, making it dry and dull. Use a gentle cosmeceutical scrub to remove the dead skin cells and also a good quality face mask to hydrate, refresh and moisturise your face.
8. **SKIN TREATMENTS** - Winter is the best time to start a regular skin treatment regime and together with home care skin products, your skin will be renewed, glowing and looking younger.
9. **IPL HAIR REDUCTION** – Start your IPL treatments in winter so you are hair-free just in time for summer.
10. **HYDRATION SERUMS** - Serums are essential in Winter to provide better hydration leaving your skin refreshed and smooth.

MAKEUP GAME-CHANGING PRODUCT – THE QUICK FLICK!



We are so obsessed with this product and we actually sold out of stock in one day!! Message us or call the Salon so we can put one away for you!

If you're into eyeliner but struggle to perfect your wings, then this product will actually change your life!

It's a double-ended eyeliner with a cat flick stamp on one end (loaded with ink) and a fine liner on the other. It makes achieving the perfect cat eye wing flick so easy for everyone! The liner works so well and is smudgeproof, so the ink stays in place all day and doesn't budge. The product is vegan friendly and not tested on animals and comes in three different sizes.





Would your Teen like to learn how to look after their skin?

Our Teen Skin School will educate and demonstrate the benefits of having a good skincare program from an early age. Included in this one hour workshop are:

- Skin Consultation and Analysis
- Hands-on Mini Facial
- Discuss Skin Problems and Treatments
- Product Information
- Home Skincare Regime
- Take Home Teen Aspect Kit worth \$60

**ONLY \$99 - Limited Availability
Bring a Friend for 10% OFF**

NEW PRODUCT
COSMEDIX DETOX SCRUB



Cosmedix Purity Detox Scrub is a cocktail of gentle, natural and manual exfoliators that work deep within the skin, to gently but thoroughly decongest and detoxify the skin. As poppy, jojoba and date seeds scrub away dead skin cells to remove excess impurities, residue and debris, Salicylic Acid provides intensive renewal for an all-around smoother, clearer look and feel. The skin is left smooth, bright, refreshed and completely anew with a reduction in congestion, textural irregularities and imperfections, which inhibits future breakouts.

This is our new favourite Scrub and we know you will love it too!
The Cosmedix Detox Scrub is 10% off for the month of July.

Warm up your Winter at Amour!

Come in from the cold and treat yourself to our fabulous warm treatments and beat the Winter blues!

Pamper yourself with a Cloud Oxygen Facial with warming cleansers or a heavenly Pure Fiji body massage using luxurious tropical oils and lotions.

Our treatments beds are heated and our rooms are relaxing and peaceful. Our ultimate Winter warmer treatment is an Indulgent Hot Stone Massage, which will leave your whole body completely blissfully relaxed and refreshed!

Our July promotion includes a beautiful Hot Stone Massage together with a FREE Deluxe Facial, all for ONLY \$149 – SAVE \$85!



*Love From
The
Amour Team*

