

APRIL

NEWSLETTER



HAPPY EASTER!

WISHING YOU A SAFE & HAPPY EASTER



Dark chocolate is loaded with antioxidants & compounds that inhibit free radicals from destroying the body's cells & contains a significant amount of fiber, iron, copper, magnesium, manganese, potassium, zinc, phosphorus and selenium.

Combined with a low-fat diet, dark chocolate can lower low-density lipoprotein (LDL) cholesterol levels. This "bad" cholesterol is responsible for damaging tissues such as the lining in your heart arteries, so dark chocolate can support your cardiovascular health!

SO ENJOY YOUR EASTER & EAT THE DAMN CHOCOLATE!

ONLINE SKIN CONSULTATIONS WITH ASH

Do you need advice on your skin?

Unsure of what to do coming into a change of weather?

Or just want to understand your skin & skincare better?

Ash offers complimentary online skin consultations so that you can pick any time & day that suits you. Whether it's 7am in the morning or 8pm at night (she can work around you & your busy schedule) to chat about anything skin related with you.

SEND US A MESSAGE TO ORGANISE A TIME



SKIN THAT EXCEEDS YOUR EXPECTATIONS

We are so excited to be able to offer you the only TGA clinically proven medical skin needling treatments IN THE WORLD with our NEW Exceed Skin Needling device. Meaning REAL results!



Skin Needling generates natural collagen growth and creates the ultimate controlled process for your skin to self-repair. Perfect for treating:

- Ageing skin • Vertical lip lines • Stretch marks • Fine lines & wrinkles • Pigmentation
- Acne • Enlarged pores • Scars (acne, surgical and burns) • For skin tightening & rejuvenation

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BOOK IN FOR OUR EXCEED Skin Needling Facial

with minimal downtime & long-lasting results for fine lines and wrinkles, acne, pigmentation, scarring, enlarged pores & overall skin tone



RECEIVE TWO FREE UPGRADES:

- LED LIGHT THERAPY
- TAKE HOME COOLING & HYDRATING BIO-CELLULOSE SHEET MASK

PLUS

GET YOUR NEXT TREATMENT HALF PRICE!

PAY ONLY \$289!
WORTH \$535

We have been overwhelmed with the response and results from this new treatment so make sure you book in before the end of the month to avoid missing out! No Downtime and No Pain!! LIMITED APPOINTMENTS AVAILABLE!!

BOOK HERE TO SEE WHAT IT CAN DO FOR YOUR SKIN

COLD WEATHER SKIN SAVIOUR

Ensure your skin doesn't pay the price coming into the cooler weather with DMK's Hydrating Masque! What will it do for your skin you ask?

Deep cellular level hydration is its #1 job! It focuses on restoring water inside the skin, not just sitting on top.

It works by increasing the skin's "free water levels," which helps dry or dehydrated skin feel softer, skin look more plump and fresh & is especially useful if your skin feels tight, dull, or flaky.



**ASK US ABOUT IT
NEXT TIME YOU'RE
IN THE SALON**

Calms sensitive & irritated skins

It contains soothing ingredients (like panthenol and allantoin), so it can reduce redness, calm inflammation, help sensitive or reactive skin settle down. Also great after over-exfoliating, sun exposure, or using harsh products.

Plumps fine lines

By boosting hydration, it can make fine lines look softer by giving the skin that bouncy, plump look

Helps strengthen your skin barrier

When your skin lacks water, it gets irritated, more sensitive and can be prone to breakouts or redness. Hydrating masque helps restore moisture balance and supports a healthier skin barrier.

Good for healing + recovery

Because it's calming and hydrating, it's often used after treatments (like peels or facials) & when your skin is damaged or inflamed, as it promotes a more comfortable, balanced skin state.

WHO IS IT BEST FOR?

Great if you have:

- Dry or dehydrated skin
- Sensitive or reactive skin
- Tight, dull, or flaky skin
- Skin recovering from treatments

HOT TIP:

Before a big event, sleep with Hydrating Masque on for beautiful plump skin the next day so that makeup just glides over. This is an excellent masque for brides to do the night before their wedding.



NOW OFFERING LYMPHATIC DRAINAGE THERAPY

Lymphatic drainage is a gentle technique designed to stimulate the lymphatic system—a network of vessels and nodes that helps remove waste, toxins, and excess fluid from your body. Here's why you need to try a treatment:

It reduces swelling (edema)
Lymphatic drainage helps move excess fluid out of tissues. It's commonly used for conditions like lymphedema. This is especially useful after:

- Surgery
- Injury
- Long periods of inactivity

[CLICK HERE TO TRY IT FOR YOURSELF](#)

It helps to support immune function

The lymphatic system is a key part of your immune defense. By improving lymph flow, this technique may help your body:

- Filter out harmful substances
- Transport white blood cells more efficiently



It promotes relaxation and stress relief

The slow, rhythmic movements can activate the parasympathetic nervous system (your “rest and digest” mode), helping reduce stress and promote calmness.

Can help to improve skin appearance

By reducing fluid buildup and supporting circulation, lymphatic drainage can:

- Decrease puffiness (especially in the face)
- Give skin a smoother, more refreshed look
- Smooth out cellulite
-

Aids detoxification (indirectly)

While your liver and kidneys do the real detox work, lymphatic drainage helps move waste products toward those organs more efficiently.

Supports recovery after surgery or injury

Doctors sometimes recommend it after procedures (like cosmetic surgery) to:

- Reduce swelling
- Speed healing
- Minimize discomfort

We hope to take care of you soon! Amour xo

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